

Tina Yuan

籍贯：中国四川。毕业于四川大学经济管理学院，曾在四川峨嵋电影学院就读表演艺术专业。从小热爱音乐、舞蹈，小学到大学一直被选为学校舞蹈队成员。曾多次代表学校和城市参与演出和比赛，并得到产生良好的奖项。曾获得四川大学舞蹈大赛第一名，西南中国文化节舞蹈编排银杯，成都大学生文艺比赛第二名等。在国内、加拿大、Tampa，已经积累了 11 年丰富的成人、少儿舞蹈教学和演出经验。担任清水晨星舞蹈团舞蹈老师，从 2011 年至今 5 年。期间多次表演于华人社区举行的庆祝活动，Tampa Bay, Dunedin, Clearwater, St. Petersburg, Sarasota 组织的亚洲、中国艺术活动。

至 2013 年至今，分别任职长城中文学校一年级、二年级、三年级中文老师。针对年纪小的学生，课堂上会通过歌曲、卡片、游戏、小故事.....等多种形式营造一个轻松、欢乐、有趣的学习环境来激发学生。提高他们对中文的兴趣，发扬中华文化。

Tina Yuan

Hello everyone, my name is Tina Yuan. You may call me Ms. Tina. I was originally from Chengdu, Sichuan Province of China. I came to USA in year 2007.

I attended Sichuan E Mei Film Academy for a year, majored in Dance and Performance; later on, I transferred to Sichuan University and got my BA in Arts.

I have participated in many City level and Province level dance performances and dance competitions. Some of my achievements included:

1. First Place at the Dance Competition at Sichuan University.
2. Silver Cup Winner of Southwest of China Culture Festival Dance Competitions.
3. Second Place at China National Day Dance Competition.

I have performed at many different events and participated in many dance competitions in China, Canada, and USA. Over the past seven years, I have been more focusing on teaching and choreographing dances for adults and children.

Currently I am the dance teacher for Clearwater Morning Star Dance Group.

The dance classes will be divided into two sessions based on children's age and heights. I will not only teach Chinese traditional dance, also teach basic skill, Modern Dance, Jazz, etc.. The students will have the opportunity to learn variety of dances. I will motivate the students with lively and variety of teaching methods. I believe my passion and love for dance will have tremendous impact on the students as well.

Let's together have some fun.

As a Chinese Language teacher, I have been teaching, 1st grade to Third grade, at Great Wall Chinese School in Safety Harbor for the past three years. To keep my students interested in learning Chinese, I will use songs, cards, and other fun activities to help them remember.

TBCS Dance Classes Syllabus

Dance is based on body language, ethnic customs featuring performing art forms. It trains the students basic skills and Chinese dance skills regularly to improve the flexibility and the coordination of student body, and establish student performance bold personality. Each semester the focus of a national dance learn to master the art of dance skills and performance skills, the ability to improve the overall quality and performance of students the art of dance. Students enhance flexibility of the body, cultivate the spirit of cooperation groups of students; students stage performance capabilities, improve their showmanship.

Dance class level I, teaching focus: physique lesson, dance basic skills and basic dance training. Learning to dance rehearsal finished products mainly through the rehearsal finished less difficult dance to master the basic theory of dance and body language expression.

Dancing second class level II, teaching focus: students' temperament, reinforcement learning basic skills training and basic theory of dance, learning to dance rehearsal finished mainly by rehearsing difficult dance finished, the art of dance to raise their literacy.

2016-2017 school year show:

Moon Festival Party (maybe) ; New Year Party (maybe) ; Tampa Bay Chinese New Year Party; Chinese School Closing Gala; CAAT Annual Party; sometimes invited to Tampa government activity, primary school

performance, try to give children the opportunity to perform, improve stage performance experience.

TBCS 舞蹈班教学大纲

中国是一个多民族的国家，民族民间舞蹈是中华舞蹈的瑰宝和重要组成部分。课程选用中国多个民族具有代表性的民间舞作为基础教材，教授学员区分各民族舞蹈的不同体态、律动和节奏的特点，掌握不同民族舞蹈的风格，训练身体各部分的灵活性和协调性，培养学生“以情带舞”的舞蹈意识。

舞蹈课程设置将根据不同的年龄组、孩子的成长发育，分别设有“基础训练”、“中国民间舞”、“现代舞”、“爵士舞”等，让学生接触多元的舞蹈艺术类型。以生动活泼、多样化的教育手段来激发学员对舞蹈的兴趣，以我的激情来启发学员对舞蹈的热情。让孩子们从小接触舞蹈，接受艺术的熏陶，锻炼体格，塑造优雅的体态，培养高尚的情操和互助互爱的团队精神。培养学生舞台表现能力，增进他们的表现欲。

舞蹈一班教学重点：形体课、舞蹈基本功和基本舞步的训练。以学习排练成品舞蹈为主，通过排练较低难度的成品舞，掌握舞蹈基础理论和肢体语言表达方式。

舞蹈二班教学重点：形体课、强化基本功训练和舞蹈基本理论的学习，以学习排练成品舞蹈为主，通过排练难度较大的成品舞，提高学员舞蹈艺术素养。

2016-2017 学年参加演出：

中秋联欢会(待定)；元旦(待定)；Tampa Bay 春节联欢会（CAAT, SACA）；中文学校期末联欢；CAAT 年会；有时会被邀请到 Tampa 政府活动、小学表演，尽量给孩子提供表演机会，提高舞台表演经验。

TBCS Dance Class Policies 2016-2017

Dress Code:

Black plain leotard, Pink tights or black close fitting shirts, black dance bootie shorts / stretchy and flexible black leggings, pink ballet shoes. Girl's hair in a bun. Please limit jewelry in dance class.

Lateness:

On time arrival for class is the expectation for students as we teach the discipline of dance. So, if a student arrives 10 or more minutes late for the beginning of class, the teacher may have the student sit and observe the remainder of the class. Each portion of the dance class is important to the development of the body and technique. Because the beginning of each class starts with warming the body to prepare for movement training, if the teacher feels it would be dangerous or detrimental for the dancer to join late than they will ask the student to observe instead.

Recital commitment form:

Each student will be given a commitment form with the confirmed recital shows in September. At this time, the students and families make the commitment to perform in the Chinese New Year and/or other shows. If the dancers cannot participate this will be the time to let the teachers know. Teachers plan throughout the year for the shows. Choreography decisions are made with regard to the number of dancers to be positioned on stage, partnering, grouping, etc. This will assist the teacher in preparing the best dance piece for the class. Please return the form to the teacher.

Recital Performances:

Costumes for the special event shows are leotards, dance dresses as designated by the class teacher. Each family will be in charge of getting their costume. The teacher will give a list of the needed items and where to find the items. For the annual Chinese new year recital, teacher will choose appropriate costumes with regard to the dance theme from costume companies. It is the responsibility of parents for the cost of the costumes. These costumes will be ordered by the school staff. School will pay the shipping handle

if bulk ordered by teacher. A list of costume fees will be given to each dancer for the classes in which they participate. Chinese New Year recital costume fees will be due in class by October 1, 2016.

Student Expectations:

Each student needs a dance bag for keeping all belongings secured. Please label all belongings with name or initials. If a dancer loses an item having them labeled insures they will be returned to the correct owner.

Absolutely NO gum in classes. Snacks and drinks are permitted in the hallway. Water ONLY may be taken in the classrooms.

Please arrive NO later than 10 minutes before class. This time should be used to get dance shoes on, use the bathroom and fix hair appropriately for class. Class time should NOT be used for preparation time.

Please pick up your dancer promptly. Teacher has consecutive classes and cannot be responsible for students after their classes.

On the registration form special needs and allergies should be listed. However, if something arises that is not listed (sprained ankle, new allergy, additional unlisted medications or special situation) please inform the teacher before classes.

TBCS 舞蹈班 规范要求 2016-2017

学员着装要求:

黑色芭蕾舞服，粉色连袜裤；黑色贴身 t 恤（瘦身型），黑色瑜伽短裤 / 长裤（legging）；粉色芭蕾舞软底鞋；女生盘发。限制任何首饰出现在舞蹈班。

着装规范可以让老师在授课过程中看清学员的动作是否到位，以便纠正。松垮的衣服会掩饰身体的线条、动作，致使错误动作无法得到及时纠正。统一着装还有利培养学员的纪律感、团队感，整体的注意力和精神面貌也会随之改善，孩子们会觉得自己是一名舞者。

迟到:

准时上课是对学员的期望，这是舞蹈纪律。所以，如果迟到超过 10 分钟，老师有权让学员坐下来旁听剩余的课时。上课期间每一时段对身体各部位的发展和技巧都很重要。因为每节课的前部分都是热身运动，活动身体各部位关节、肌肉、韧带，做好训练准备。如果老师觉得接下来的课程对晚到没有热身运动的学员来说有危险，那么会要求学员旁听、观看。

演出确认表：

在 9 月第一个周末，每个学员将得到一张演出确认表。在这个时候，学生和家庭需要作出承诺。选择这一学年将要参加的中国农历新年演出和其他的演出活动。如果舞者不能参加，请在这个时间让老师知道。请填好表格并返回给老师。老师需要计划全年的课程、演出。编舞时需要根据舞者的数量作出他们在舞台的定位，各自的舞伴，分组等。这将有助于老师为舞蹈班准备出最好的舞蹈作品。

演出服装：

演出活动的表演服装由老师指定，每个家庭将负责他们各自的服装。老师会给出需要的服装和在哪里可以找到服装的信息。

一年一度的中国新年联欢会，是每学期最大最重要的演出，老师会从服装公司统一购买，服装费将由各自家庭承担。这些由学校老师订购的服装所产生的运费由学校支付。中国新年联欢会的演出服装清单将会在演出确认表返回之后发给每位舞者。服装费请于 2016 年 10 月 1 日之前缴纳至舞蹈班。

对学员期望：

每个学员都需要一个能装下所有个人物品的舞蹈包。请在所有物品上标注学员的名字，这样才能让失物找到它们自己的主人。

绝对**禁止**口香糖。零食和饮料只允许在走廊范围。教室里**唯一**允许带入水。

上课前，请提前 10 分钟到达。这时段应该用于准备工作，穿舞蹈鞋，使用的卫生间，并适当修整头发。上课时间不应该被用于准备时间。

下课时，家长请及时接领您的舞者。老师接下来继续有其它的课，下课以后老师对学员不再有责任看管。

请认真填写入学申请表上的特殊要求和过敏史。如果突发事情出现未列入申请表（比如脚踝扭伤，新的过敏，其它未列出的药物或特殊情况），请在上课前告知老师。